

# **Hospital Indemnity Insurance**

### **HELPS PROTECT YOUR FINANCES**

When you are facing a hospital stay, you can receive a benefit to help pay unexpected expenses not covered by your health plan.

### HELPS COVER RELATED EXPENSES.

While health plans may cover direct costs associated with an illness or injury, you can use your hospital indemnity benefits to help cover related expenses like lost income, child care, deductibles and copays.

### PAYS CASH BENEFITS DIRECTLY TO YOU.

Hospital Indemnity insurance payments can be used however you want, and it pays in addition to any other coverage you may already have. Benefits are payable directly to you.

### **HOSPITALIZATION FAST FACTS**

- 5.5 days is the average length of stay in community hospitals<sup>1</sup>
- \$4,659 is the average out-of-pocket cost per confinement<sup>2</sup>
- \$2,517 is the average pre-insurance per day cost per confinement<sup>3</sup>

Firstrust Bank
All Eligible Employees
POLICY # 943109

1 Trendwatch Chartbook 2018, American Hospital Association, 3.5: Average Length of Stay in Community Hospitals, 1995 – 2016. Chart Source: Analysis of American Hospital Association Annual Survey data, 2016, for community hospitals. Last accessed 6/21/2020.

2 Modern Healthcare, "Report: Patients' out-of-pocket costs increased up to 14% in 2018," Tara Bannow, June 25, 2019, citing Transunion analysis of health care costs. Last accessed 6/21/2020.

3 Kaiser Family Foundation, "Hospital Adjusted Expenses per Inpatient Day", last accessed 6/21/2020; research sources 1999 - 2018 AHA Annual Survey, Copyright 2019 by Health Forum, LLC, an affiliate of the American Hospital Association. Special data request, 2019.

Your employer is offering you this coverage at a group rate. You are responsible for paying part or all of the cost.

#### What's covered

This plan offers hospitalization benefits for you, your spouse, and/or your child(ren). An eligible child is defined as your child from birth to age 26. Once your Hospital Indemnity coverage goes into effect, you can file a claim for hospital stays occurring after your plan's effective date.

Benefits are payable for hospital stays due to:

- Sickness
- Accidents\*
- Routine pregnancy\*\*
- Complications of pregnancy
- Newborn complications
- Mental and nervous disorders
- Substance abuse

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Benefit Schedule	
First day hospital confinement – 1 day per year	\$1,000
This benefit pays the first day you stay in a regular hospital bed or ICU bed.	
Daily hospital confinement – Up to 30 days per year	\$100 per day
This benefit pays for a hospital stay in a standard room and is paid in addition to the First day hospital confinement benefit.	
Intensive Care Unit (ICU) confinement — Up to 10 days per year	\$100 per day
This benefit pays for an ICU stay and is paid in addition to the First day hospital confinement benefit and the Daily hospital confinement benefit.	
Extended hospitalization benefit	\$100 per day
After 10 days of continuous confinement, this additional benefit is payable for a hospital and/or ICU stay, beginning with your first day.	
Wellness screening benefit	\$50 per year

\*Confinements due to an accident must be within 365 days of the accident.

\*\*Confinements due to routine pregnancy are subject to a 10-month waiting period (see Frequently Asked Questions)

#### Here are some additional reasons to sign-up:

- No medical questions to answer guaranteed issue coverage
- Benefits add up first day hospital confinement, daily hospital confinement and ICU confinement benefits can all be
  payable on the same day
  - Ex: If you are admitted to the hospital and spend 3 days in the ICU and 3 more days in a regular room, you could collect the first day hospital confinement benefit, 3 days of ICU confinement benefits and 6 days of daily hospital confinement benefits.
- Wellness screening You can still receive a benefit from this plan even if you don't have a hospitalization. You and each family member enrolled under your plan can claim a benefit if you receive a covered wellness test or exam.

## Frequently asked questions

#### Is there a waiting period for pregnancy?

Yes. You need to have coverage for 10 months to be eligible for benefits for normal pregnancy or childbirth. This limitation does not apply to complications of pregnancy.

#### What benefits will I receive for my newborn child?

If your newborn has to stay in the Neonatal Intensive Care unit (NICU), benefits are payable. Hospital stays for routine newborn care are not covered.

#### How do I file a Hospital Indemnity claim?

If you are confined to the hospital after the effective date of coverage, you can file a claim with us by downloading forms from our website. You will need to provide information about your hospital stay.

#### Do I need to file my claim within a certain timeframe?

You should file your claim within 30 days of a covered confinement or as soon as reasonably possible.

#### How do I get the Wellness Screening Benefit?

You may be paid the benefit when you or a family member receive a covered screening each year, like specific blood tests, cancer screenings, cardiac stress tests, immunizations, school sports exams and more (may vary by state). The claim form can be downloaded from our website.

#### Is my benefit taxable?

If you or your employer pay for all or part of the cost of coverage on a pre-tax basis, some or all of your benefit amount will be tax reported on a Form 1099 as taxable income. Please reach out to a tax advisor or your employer if you have any questions.

#### Can I take my insurance with me if I leave my employer?

Depending upon state variations and your employer's plan, you may have an option to continue coverage when your employment terminates. Your employer can advise you about your options.

### Please read the important information section of this document.

### Important information

This is a limited benefit policy. It does NOT provide basic hospital, basic medical, or major medical insurance. It is not a Medicare Supplement policy. The certificate has exclusions, limitations, and benefit waiting periods for certain conditions

that may affect any benefits payable. Benefits payable are subject to all terms and conditions of the certificate. The policy, certificate and any rider, if applicable, may not be available in all states and may vary based on state laws and regulations. This product is inappropriate for individuals who are eligible for Medicaid coverage.

To become insured, you must meet the eligibility requirements set forth by your employer. Your coverage effective date will be determined by the Policy and may be delayed if you are not actively at work on the date your coverage would otherwise go into effect. Similarly, dependent coverage, if offered, may be delayed if your dependents are in the hospital (except for newborns) on the date coverage would otherwise become effective.

Refer to the Certificate for details.

# Helpful definitions

**Confinement** means resident inpatient stay in a hospital or rehabilitation Unit for at least 20 continuous hours. There must be a charge for room and board unless it is a Veteran's Administration Hospital or other federal government operated hospital. Hours spent in an observation unit are not eligible for the first day hospital confinement benefit. However, an observation unit stay of 20 hours or more will be covered under the daily hospital confinement benefit.

Confinement does not include the period of time in a hospital emergency room, a freestanding surgical facility or an outpatient facility.

**Hospital** means a licensed facility that provides inpatient medical care and treatment to sick and injured persons with 24-hour nursing service under the supervision of a Physician. Hospital does not include a rest home; a skilled nursing facility; an extended care facility; a place of convalescence; a rehabilitation unit; a hospice facility; a place providing custodial care; a mental and nervous disorder facility or a substance abuse facility.

**Intensive Care Unit (ICU)** means a specifically designated part of a hospital that provides the highest level of medical care. It is restricted to patients who are critically ill or injured and who require intensive comprehensive observation and care, including a neonatal intensive care unit specializing in the care of ill or premature newborn infants. The ICU must be under continuous observation by a specially trained nursing staff assigned exclusively to the intensive care unit on a 24-hour basis and have an assigned physician on a full-time basis. An ICU is not a progressive care unit; an intermediate care unit; a private monitored room; sub-acute intensive care unit or an observation unit.

**Inpatient or Inpatient Treatment** means receiving treatment as a resident patient using, and being charged for, the room and board facilities of a hospital or rehabilitation unit. The requirement that you be charged does not apply to confinement in a Veteran's Administration Hospital or other federal government operated hospital.

**Rehabilitation Unit** means a distinct unit within a hospital that provides rehabilitation care services on an inpatient basis. Rehabilitation care services consist of multidisciplinary physical restorative services to achieve the highest possible functional ability for disability due to sickness or injury. Services are provided by or under the supervision of a trained and experienced rehabilitation physician. A rehabilitation unit is not a freestanding rehabilitative facility; a nursing home; an extended care facility; a Skilled Nursing Facility; a rest home or home for the aged; a Hospice Facility; a facility for the Treatment of alcoholism or drug addiction or an assisted living facility.

#### Exclusions

The exclusions listed below may vary by state law and regulations. This list may not be comprehensive. Please see the Certificate or ask your benefits administrator for details.

#### **Hospital Indemnity**

• No benefits will be payable relating to or resulting from services or Treatment rendered or Confinement outside the United States or Canada. No benefits will be payable for any loss that is caused or contributed to by: war or any act of war or your active duty in any armed service during a time of war (this does not include acts of terrorism); active military duty; riding in or driving any motor-driven vehicle in a race, stunt show, speed test or driving while

Intoxicated; committing of or attempting to commit an assault, felony or other criminal act; active Participation in a Riot, Rebellion or Insurrection; committing or attempting to commit suicide, whether sane or insane, or injuring oneself intentionally; incarceration in a penal institution of any kind; elective abortion or complications thereof; elective or cosmetic surgery or procedures, except for reconstructive surgery unless due to congenital anomaly or disease of a Dependent Child which has resulted in a defect; artificial insemination, in vitro fertilization, test tube fertilization; sterilization, tubal ligation or vasectomy, and reversal thereof, unless recommended by a Physician; or gender change, unless recommended by a Physician.

Sun Life companies include Sun Life and Health Insurance Company (U.S.) and Sun Life Assurance Company of Canada (collectively, "Sun Life").

Group Hospital Indemnity Insurance is underwritten by Sun Life Assurance Company of Canada (Wellesley Hills, MA) under Policy Form Series 15-GP-01, 20-HI-C-01, 12-GPPort-P-01, 20-HIPORT-C-01 in certain states. Not available in New York.

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GVBH-EE-8384HI

SLPC 30272 08/20 (exp. 08/22)

Coverage and bi-weekly rate for Hospital Indemnity Insurance.

Hospital Indemnity coverage is contributory, meaning that you are responsible for paying for all or a portion of the cost through payroll deduction.

Coverage	Bi-Weekly Cost*
Employee	\$8.39
Employee + Spouse	\$17.49
Employee + Child(ren)	\$14.48
Employee + Family	\$23.57

\*The rate is in effect for 01/01/2021. Contact your employer to confirm the portion of the cost for which you will be responsible.